

## SPIRITUAL DIRECTION SAFEGUARDING CONCERNS ACTION POINTS

My local contact details: (Complete these for yourself with relevant information).

### My local Spiritual Direction Network Person to report Safeguarding concerns to:

Name:

Role:

Phone:

Email:

### My local Diocesan / Denomination Safeguarding Officer

Name:

Role:

Phone:

Email:

### My Spiritual Direction Supervisor

Name:

Role:

Phone:

Email:

## HELPLINES

NSPCC: 0800 800 5000

Childline: 0800 1111

Stop It Now: 0808 1000 900

National Association for People Abused in Childhood (NAPAC) 0808 801 0331

Samaritans: 116 123

thirtyone:eight (formerly CCPAS): 0303 003 11 11

Family Lives: 0808 800 2222

Action On Elderly Abuse: 0808 808 8141

National Domestic Violence Helpline: 0808 2000 247

Minister and Clergy Sexual Abuse Survivors: 0808 801 0340

Local Authority Social Services: \_\_\_\_\_

## WHAT TO DO ...

**IF YOU ARE CONCERNED THAT SOMEONE IS AT RISK OF ABUSE, IS BEING ABUSED, OR PRESENTS A RISK TO OTHERS:**

- ✓ If you think someone is at immediate risk, call 999.
- ✓ Tell the Safeguarding Officer in your local Spiritual Direction Network
- ✓ Keep a record of what happened, your concerns and actions.

## IF SOMEONE TELLS YOU ABOUT THE ABUSE.

- ✓ Listen and keep listening.
- x Do not pass judgement or ask leading questions
- ✓ Reassure the person they were right to tell.
- x Never promise confidentiality.
- ✓ Explain what you intend to do and who you will tell.
- ✓ Make a written record of what you have been told, using the words used by the person. Include the date, time, location, appearance of person.
- ✓ Pass on your concerns to Safeguarding Officer in your local Spiritual Direction Network and/or the Diocesan / Denomination Safeguarding Team.
- ✓ If necessary, report the matter to the social care services or the police without delay.

## THINGS TO REMEMBER:

- ✓ Take all allegations seriously.
- ✓ Respect personal space and privacy.
- x Do not lone work if possible as this can put yourself or anyone else in a vulnerable or compromised position.
- x Do not assume that someone else will report what you have seen or heard.
- x Do not take it upon yourself to investigate the situation.
- x Do not delay in taking action.
- ✓ Seek your own support as appropriate. (Supervision, Spiritual Director...)

A resource for Spiritual Directors **Spiritual Direction Forum UK**

[www.sdforum.uk](http://www.sdforum.uk)



Provided for guidance. June 2025.