

## **Spiritual Direction Forum UK**

*The Bright Field – glimpsing God in everyday moments* led by Alison MacTier

### **List of resources used during the morning**

#### **Poems and reflections**

A mystery of silence – from *The Wound of Love*, A Carthusian

Life is a mystery – quote by Timothy Freke & Peter Bandy in *Jesus and the Goddess*

I know I am called – poem by Henry Rohr

#### **Paintings**

Wheatfield Sunrise 1889 – Van Gogh

Garrowby Hill – David Hockney

The Supper at Emmaus – Ceri Richards

Artwork by Mary Fleeson – Lindisfarne Scriptorium

#### **Music**

David Fitzgerald – Breath of Heaven CD