

A National Forum for Spiritual Direction in the UK?

Join the conversation ...



Praying:

This process aims to help give focus to a time of prayerful reflection on the idea of establishing a national forum for Spiritual Direction in the UK. This would be a 'common table' and a 'centre of gravity' for thinking together about good practice in Spiritual Direction. The 'common table' providing a place for everyone to gather, to relate and share. The 'centre of gravity' being that which holds things in relationship but allows for individuality in finding your place around it.

1 Samuel 3.1-10: This passage shows some early biblical Spiritual Direction. Eli tells Samuel to say '*Speak Lord, for your servant is listening*'.

Ask for the grace to listen, as you ponder the idea of establishing a forum for Spiritual Direction in the UK.

Pray for the spiritual freedom to consider this with openness.

The ministry of Spiritual Direction is practised by many and received by many all over the UK.

Please consider these points for focus in reflection and prayer:

- Its **positive impact**, the **pitfalls** that can be fallen into, the **issues** you are aware of about its practice.
- **What would help encourage best practice** in this ministry?
- **The idea of a forum**, bringing together those involved in supporting, training and promoting Spiritual Direction, a 'common table', a 'centre of gravity'.

Notice your inner reactions:

- **What about it is hopeful**, life-giving, potentially creative to the ministry of Spiritual Direction?
- **What about it is disturbing**, concerning or potentially undermining of the ministry of Spiritual Direction?
- **Are there any ideas, dreams, persistent thoughts that have emerged?**

Take these into conversation with God, and notice what emerges, and where at the end you are in relation to the idea of a forum.

Take time to note down what has emerged for you through this process.

Give your feedback